

**Date** Lundi 27 mai 2024 de 9 h à 11 h 30  
**Numéro de salle** 519A

## **Conférencier**

Doctor Benjamin Pliska  
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Vancouver, British Columbia

Dr. Benjamin Pliska is a graduate of the University of Western Ontario School of Dentistry, and obtained his Certificate in Orthodontics and Master's Degree in Dentistry from the University of Minnesota.

He is an Associate Professor of the University of British Columbia Faculty of Dentistry, an Orthodontic Consultant at B.C. Children's Hospital and maintains a private practice in Vancouver as a certified specialist in Orthodontics.

Dr. Pliska's research interests include craniofacial imaging and sleep medicine.

## **OBSTRUCTIVE SLEEP APNEA AND ORTHODONTICS - Separating Fact from Fiction**

**Recently, interest in obstructive sleep disorders has led to much speculation within the dental profession, making it difficult to separate fact from fiction.**

This presentation will be a succinct review of published literature and recent clinical trial data, providing a clear picture of the evidence base on the topic.

The relationship between sleep-disordered breathing and craniofacial growth and development, as well as the current evidence of managing pediatric sleep disorders with dentofacial orthopedics, will be directly addressed.

### **Learning Objectives:**

- Define the role of the orthodontist in patients with sleep-disordered breathing
- Evaluate the evidence of maxillary expansion and mandibular advancement in patients with obstructive sleep apnea
- Describe the relationship between dentofacial morphology and obstructive sleep apnea.